



# Karl's Nail Points



## *Candle of Tradition - Lantern of Change - Light of Service*

Has it really been a year since I was getting ready to go to convention and become your District Governor? It sure has — WOW! DGE Ken, I wish you and First Lady Elect Marie the very best in the next year. One word of advice: enjoy! Our district is in great hands for many years to come. FVDG Richard, SVDG Mary Lee — you are starting on a wild ride, just go with the flow, it is a ride of a lifetime! CS Maxine and CT Glenn, you to are in for a great year with a great leader -- all the best.



**District 22-D  
Website is:  
Lions22d.org**

**June 2011**

**Volume 1, Issue 12**

**Lions Clubs  
International  
District 22-D**

Okay what a month it has been, with Inductions and Charter parties, with more to come. At the end of May eight Lions from 22-D went to march in the Memorial Day Parade in DC. This is the 3<sup>rd</sup> year the Lions have been part of the parade, and it's one of those special days to be a Lion. Yes, it was usually hot and there's some walking, but the fellowship you enjoy and the reaction of the crowd make it all worth while, and I would recommend it to all Lions. And, oh yeah, we stop as a group on the way home for dinner and a cold drink, please come join us next year! Then last weekend it was Special Olympics: Friday night Opening Ceremonies, to be there and be part of them, wow! Saturday we were asked to come help with healthy athletes, not Opening Eyes, but fill-in where needed and as always the Lions of 22-D came through. To me the Special Olympics are what Lions are all about. As Lions we give of ourselves to help others, and where are you going to meet a more giving person than a Special Olympian? They know only one thing and that is love. They will stop to help the person who falls, and finish together. That's what we as Lions do, we stop to help OUR association with the Special Olympics. That has been the highlight of my year, thank you Barbara and Winnie for involving the Lions and sharing the gift of giving with us.

We still have some more things to do before our year is up -- as of yesterday we were down 9 members. We have come a long way in the last few months, let's finish strong! I know there are some drops coming, but please don't just let them go- call them. They had reason for becoming a Lion and maybe we can light that fire again but we first must try.

I just need to say that being your District Governor has been an honor and a privilege, that I will never forget. I had a Lion who is not with us anymore ask me a question: Did I have a fire for Lionism burning way down in my gut, and I said yes! TODAY AND EVERY DAY THAT FIRE GROWS BIGGER. The only thing I can say to every Lion is: THANK YOU FOR WHAT YOU DO EVERY DAY AS LIONS!!

*YIL DG KARL*

### **Inside this issue:**

News from the Clubs	2
Banner Transfer	4
Blind Sports	5
DGE Ken Chew's Message	8
DG Calendar of Events	8
DLF Auction for Sight	9
DLF Letter	10
Lions Clubs International	11
Diabetes Corner	12
Club Ads	13



**We Serve**

## News Around the Clubs in our District

### Camden-Wyoming Lions

On Wednesday, June 22<sup>nd</sup> our club will be serving a meal to homeless men at The Dover Interfaith Mission for Housing. There are 40 or more hungry men who need our help!

On Monday, June 27<sup>th</sup> our Annual Charter Night will be held at the Dover Sheraton and DG Karl Gude will be our guest speaker. The installation of OUR NEWEST MEMBER will take place at our charter night meeting on June 27<sup>th</sup>. His name is Ian Arias and Lion Marcia Everett is his sponsor.

### Capitol City Lions

On Tuesday, May 10 our Lions did clean up along the road in Dover. See picture below.



From L -R: Lions Bill Kircher, Joe Zager, Andrea Newsom, Mel Castell, Melvin Nace, Maxine Powers, Warren Fairress and kneeling in front, Wayne Powers. Picture was taken by Lion Steve Veiga.

On Monday, June 20<sup>th</sup> three new members will be inducted at the Joint Membership Meeting. The new members are Ken Tapper, Kristine Gates, and Jerry Keller.

Three members of the Capitol City Lions were presented "Life Memberships" from the Lions Eye Bank of Delaware Valley. They were Lions Andrea Newsom, Jeff Newsom and Melvin Nace.

At the MD Convention in Salisbury, our club received several awards. On the Administrative side, we received awards for Communication, Dues, Leadership, and Attendance. The Bulletin Editor Award for Region 2 went to the Capitol City Co-Editors Lions Melvin Nace and Bill Kircher.

### Claymont Lions

At the MD-22 Convention our club was recognized with eight 22D awards and 2 Lions received individual recognition from International President Sidney L. Scruggs, III.

Our club contributed over \$40,000 to groups and individuals during Lion's year May 2010 to April 2011. A total of 4,172 volunteer hours were reported during that same period.

On Wednesday, May 11<sup>th</sup> five students were honored along with parents and school personnel. Each was presented with a cash award and a Certificate Plaque.

On Wednesday, May 25<sup>th</sup> at our club dinner meeting three new members were inducted into our club.

IPDG Lee Bird announced that our club received a \$500 Grant from the State Farm Companies Foundation.

Our Club did eye screenings at 14 different schools for a total of 474 students

DG Karl requested DGE Ken & Claymont Lions Club to organize and operate the pre-game cookout/ tailgate party prior to June 18<sup>th</sup> "Blue/Gold pregame cookout." The Blue/Gold game benefits Special Olympics.

### Harrington Lions

On Monday, June 13<sup>th</sup> at our In-Door Picnic PDG Bob and PCS Cheryl Jones will be installing our new club Officers for the coming year, and they will also be inducting five new members into our club.

### Laurel Lions

Secretary Lion Joy Spicer joined the Aberdeen Lions Club "Cycling for Sight" at The Diner in Seaford on their way to the Convention. See picture below.



From L -R: Lion Lambert Rickey, Sec. Lion Joy Spicer, and Lion Mike Layman.

Our Lions had a good weekend of Racing at the Dover Downs on Saturday, May 14<sup>th</sup> and Sunday, May 15<sup>th</sup>.

On Saturday, June 11<sup>th</sup> our Lions presented the Bobbie Shwed Memorial "Fish'n for Sight" in the Janosil Park. It celebrated a special year with us honoring a special Lion.

On Saturday, June 18<sup>th</sup> our club celebrated 75 years as a Lions Club. Thanks to Lion Judy Sheridan and her committee for arranging this big event!

On Thursday, June 23<sup>rd</sup>, at our regular dinner meeting, at the Georgia House our incoming Lions Club Officers will be inducted for year 2011-12.

### *Lord Baltimore Lions*

At the MD Convention in Salisbury, Lion Jack Bauer received the District Lion of the Year Award. Lions Jack and Janet Bauer also received the International Presidents Letter of Commendation for their work in helping the needy in their community. Our club also received the 100% Club Award of which there was only 4 clubs, out of 35, in the District that received this award. We also were one of three clubs to receive the Overall Service Award.

Our club made a donation to Kent-Sussex Industries, Inc. (KSI). Members of the club were invited to take a tour of KSI. After taking a tour of KSI's Milford based facility, the group was excited to share with the other members of their Club what they learned. To learn more about KSI visit their web page at [www.ksiinc.org](http://www.ksiinc.org) or call Alicia Hollis, Director of Community Relations, at (302) 422-4014 ext. 3015 to schedule a tour. See picture below:



*KSI CEO, B. Craig Crouch, (second from left) accepts a donation from members of the Lord Baltimore Lions Club, Bob Davis, Jack and Janet Bauer, and Pat Murray.*

Our Club will have their Installation/ Awards night on June 15<sup>th</sup> at the DiFebo's Bistro at Bear Trap Dunes

### *New Castle Hundred Lions*

At the MD Convention in Salisbury our club received four awards for outstanding achievement and the club Bulletin Award.

On Monday, May 23<sup>rd</sup> our club celebrated their 65<sup>th</sup> Annual Charter Anniversary and Award Night at the Delaware Saengerbund Club. Our club was founded on May 7, 1947, and Lion Fred Hughes (age 96) is the only remaining Charter Member. Our guest speaker for the night was PDG Ted Reiver. Lion Ted recognized our club for its many achievements during its 64 years of existence.

On Sunday, June 19<sup>th</sup> our club will be having a Father's Day Breakfast. **See our ad on page 13.**

On Monday, June 27<sup>th</sup> our club will be installing our new club officers for 2011-2012 year. PDG Don LeCates will preside over the ceremony. Our club, in cooperation with Lawall Orthotics, Inc., donated a motorized wheelchair valued

at approximately \$20,000 to the John G. Leach School for the Physically Handicapped. Lion member Stephen Campbell, an employee of Lawall Prosthetics and Orthotics, Inc. was the coordinator for this Lions project. It will be used at the school to provide training for students who do not have use of this type of chair at home.

### *Milton Lions*

On Saturday, May 7<sup>th</sup> Train Chair Lion John Collier and his crew brought the Milton Clipper Express Train out for it's first rental. People have found our Train and they want to ride it and rent it for Children's parties and etc.

On Monday, May 9<sup>th</sup> at our membership dinner meeting Lion Amanda Gehring from our club spoke on "Stroke Awareness" as it was National Stroke Awareness month. She emphasized that it is imperative to seek medical attention at the first signs of stroke in order to reduce the risk of debilitation. She works as a speech therapist which takes her to clients who have had strokes and have need of her services for rehabilitation.

On Thursday, May 13 we had thirteen Lions from our club meet at Zia's in Salisbury for dinner and fellowship. After dinner some of us went to the MD Convention at the Wicomico Civic Center to hear the entertainment. This year our club selected four of our newer Lions as Delegates. They were Lions Ed Springer, Dolores Springer, Jay Wheeler and Lynn Wheeler. It is great to see new Lions getting involved in the election and etc.

On Saturday, May 21<sup>st</sup> our Lions were up early and working at Goshen Hall serving our 2<sup>nd</sup> Annual Pancake Breakfast. After assisting with the breakfast, several Lions also volunteered to assist with running the train.



*Above, Lion Amanda Gehring talking to Lion Mike Wajda and Lion Bill Fisher. In back ground are Lion John Collier on left and Lion Marshall Reynolds on right.*

On Monday, May 23<sup>rd</sup> at our membership dinner meeting we inducted three new members into our club with two of them to be in the Georgetown Lions Club when the new club

is officially formed.

On Saturday, May 28<sup>th</sup> our members worked at the Horse-shoe Crab Festival selling Funnel Cakes and Lemonade from our trailer, selling Car Raffle Tickets and running the Milton Clipper Express Train.

### *Fenwick Island Lions*

At the MD Convention, our club received awards for communication, visitation, dues, attendance, and environment. A special award was also presented to Lion Dick Waughtal for his work as webmaster for not only our FILC website, but also for the District and our Leo club's websites. Another special award was given to Lion Bruce Schoonover for his work in bulletin editing. Past President Fran Pretty was recognized by the International President, Sidney Scruggs, with an Appreciation Certificate for her service to Lionism. Fran's service goes well beyond work for our club. Carol Miles was also recognized for her work as District Chair of International's Peace Poster Contest. See picture below of some of our Lions that attended the MD-22 Convention.



Lions Clubs International President Sidney Scruggs (center) joins some of the Fenwick Island Lions Club members for a picture Saturday morning at the MD-22 Convention in Salisbury.

This year, our club awarded scholarships, collectively amounting to \$8,000, to six uniquely qualified seniors of the Indian River High School.

Again this year our Lions Club will have a booth in front of the Selbyville Town Hall (from 9 till 4pm) and will be offering hot dogs and cold drinks for sale. Our Club will also be offering its 50/50 Selbyville Halloween Parade Raffle tickets. Selbyville, just inland from Fenwick Island, is a town with some wonderful small town traditions that date back decades. One such tradition, the annual Selbyville Old Timer's Day will be held for the 55th year on Saturday, June 18th. This event features old (1975 and older) cars, trucks, farm tractors and police cars. Church Street in Selbyville is blocked off from the PNC Bank to the railroad tracks—down by Town Hall.

From 7 AM on, the old vehicles keep coming and coming and coming. Last year they had over 200 old vehicles on display.

Our Lions Club donated \$2,500 to the Lions Vision Research Foundation in the Name of Club Founder, PDG Noble Simpson.

### *Millsboro Lions*

Our club is having a Chicken Barbeque Saturday, June 18<sup>th</sup>. **See our ad on page 5.**

### *Rehoboth Beach Lions*

At MD-22 Convention in Salisbury, our Lions Club received awards patches for Communication, Visitation, Dues and Leadership. Lions Ken Pyle and Guyla Brinckmeyer were presented Progressive Melvin Jones pins at the District Luncheon. See picture below.



From L-R: International President Sid Scruggs, Lion Ken Pyle, Lion Guyla Brinckmeyer and DG Karl Gude.

FVDGE Lion Richard Merriwether held his hospitality night on Friday night with many people stopping by to partake of the goodies.

On May 28<sup>th</sup> our "Poker at the Beach" made over \$430, and so for the year our total is over \$3400.

Our club has a variety of activities to keep us busy this summer with car raffle ticket sales, completing the distribution of telephone directories to the community, and Poker at the Beach. Several Lions have already started distributing the directories, but there are many more to do. Later we will once again be selling nuts.

### *Milford Lions*

Our annual golf tournament will be July 9<sup>th</sup>. Visiting Lions Clubs will be given visitation credit. Entry fee is \$70 which includes a round of golf with cart, 2 Mulligans, Putting Contest (3 chances), Continental Breakfast and more.

**See more details in our flyer on page 13.**

For additional information email

[Golf@milfordlions22d.com](mailto:Golf@milfordlions22d.com). You can sign up at <http://www.milfordlions22d.com/golf.htm>. **See ad on page 13.**

**2011 Scholarship Awards.** On Thursday, June 9<sup>th</sup> we awarded our 2011 scholarship awards to Milford High School graduating seniors. The awards went to Kristin Gagne - \$1,000, 4 Year Renewable (Jim Willis Scholarship), Alyssa Prettyman - \$1,000, (Milford Lions Club Scholarship), Adam Gonzales - \$1,000, (Milford Lions Club Scholarship), Taylor Reed - \$500, 4 Year Renewable (Milford Leo Club Scholarship) and Corinne Plummer - \$500, 4 Year Renewable (Milford Leo Club Scholarship). See picture below of these winners.



(L - R): Youth & Education Chair Lion Randy Harp, Taylor Reed, Alyssa Prettyman, Adam Gonzales, Kristin Gagne, Leo Advisor Lion Jack Simon. Not in picture is Corinne Plummer

**Dover Lions**

This year's Installation of Officers will be held at the Camden/Wyoming Fire Hall on June 20, social at 6 P.M., dinner at 6:30 P.M., cost \$13. per person.

Lion Tee Bell reported that on Old Dover Days our club made over \$400 on food sales.

On our White Cane Day Fund Raiser our club collected a total of \$2811 for this event in May

**Millsboro Lion's Club  
Chicken Barbeque Saturday June 18<sup>th</sup>  
10:30am - 5:30pm**

Next to the Millsboro Dairy Queen

Price: \$7.00 - Dinner consist of 2lb Chicken half, Pickle wedge, bake beans, single serving bag of chips, and roll

Beverages - Canned Pepsi products - .50 cents and bottled water - \$1.00

**Brookside Lions**

Our club has screened 697 preschoolers at 24 locations this year and referred 174 children for additional eye tests. Lion Milt will make a presentation to the Christina School board this summer to share the benefits of our program with more preschoolers. This is what Lionism is all about! Thanks to all the Lions who helped with these screenings. The board responded to the DG Karl's request to sponsor additional vision impaired children for summer camp at Camp Merrick with a donation of \$100.

Lion Fred also reported that we earned \$1800 for parking cars for high school graduations at University of Delaware.

**Delaware Lions Golf Outings for 2011  
All Starting Times 9AM**

B	June 30 <sup>th</sup>	Frog Hollow
C	July 21 <sup>st</sup>	Bittersweet
A	Aug 11 <sup>th</sup>	Chantilly
B	Sept 1 <sup>st</sup>	Wild Oaks
C	Sept 22 <sup>nd</sup>	Tanglewood
A	Oct 13 <sup>th</sup>	Back Creek
B	Nov 3 <sup>rd</sup>	Rock Manor

**COST: \$35 PER OUTING**

Check payable to: Delaware Lions Golf

Send to: Lion Milt Draper  
1 Antioch Ct.  
New Castle, DE 19720

\*\*\* Question?? Call Milt 302-322-1465\*\*\*



Payment Due Sunday Before Event  
The three games we play are:

- A = Scramble
- B = Mod Scramble
- C = Mod Stapifford

Please be at the Couse ½ hour before we Start  
\*\*Player 70+ Tee Off on Forward Tees\*\*

Sponsor By Wilmington Manor Lions Club



CLAYMONT, DELAWARE 19703



June 2011

Dear Lions of District 22-D:

The Claymont Lions would like to invite the members of your club and their guests to join us at the **Annual District 22-D Banner Transfer**. As many of you know, the Annual Banner Transfer Dinner is the time of year for all Lions of District 22-D to gather together and celebrate Lionism, while passing the official District Banner from IPDG Karl Gude to our new District Governor Ken Chew.

Banner Transfer will be held at the Waterfall Banquet and Conference Center, 3416 Philadelphia Pike, Claymont, DE **on Tuesday, July 26, 2011**. There will be a social hour with cash bar beginning at 5:30 p.m. Dinner will be served at 6:30 p.m. and will include salad, main course, beverage, dessert and gratuity. The price of the meal is **\$20.00** per person.

**All Lions clubs in attendance are asked to bring their club banner (with stand) to be used as part of the celebration and to participate in the "Parade of Banners."** Any club bringing a full visitation team to Banner Transfer will receive a visitation slip from both the Claymont and Lord Baltimore Lions Clubs.

The Claymont Lions look forward to seeing you at Banner Transfer on July 26<sup>th</sup>. Please join us in getting DG Ken off to a good start for the 2011-2012 Lion Year.

Yours in Lionism,

*Dianne Spirk*

Dianne Spirk  
President Elect  
Claymont Lions

Please cut off and return

Please RSVP by Monday, July 18, 2011 to:



Lion Anita Bird  
Reservation Chair  
11 Bellemeade Place  
Wilmington, DE 19810  
(302) 474-9003  
[lionanitabird@msn.com](mailto:lionanitabird@msn.com)

(Name of Club) \_\_\_\_\_ Lions Club will be attending Banner Transfer on **July 26**. Enclosed is a check in the amount of \$ \_\_\_\_\_ to cover the cost of # \_\_\_\_\_ meals.

**Make checks payable to "Claymont Lions Club"**

Please list the names of club members attending on the back of this slip and include any dietary needs.



## ***Blind Sports***

Each Fall for 11 years the Blind Sports Organization, and it's DE Chapter (DE Association for Blind Athletes) has organized a Mid-Atlantic Sports Day for Blind & Visually Impaired ages 7 and up. This activity provides an introduction to 12 or more recreation and sports events.

There has never been a charge for use of UD facilities until this year. For this year's event, scheduled for Oct 1, UD wants \$525 and we not only don't have that in our budget, but we also can't charge the participants enough to pay that amount. Therefore we would greatly appreciate the help of DE Lions Clubs. If only 10 clubs would each donate \$50, or 20 clubs at \$25 each, we could continue to provide this beneficial activity.

The Blind Sports Organization is a nonprofit community service organization that provides and promotes fitness, recreation, and sports for blind and visually impaired youth and adults. For info about BSO see [www.blindsports.org](http://www.blindsports.org)

Thank you very much for your consideration of support. Donations can be made out to Blind Sports Organization and sent to:

Sports Day Directors  
Sandy & Heidi White  
321 Joy Ct.  
Bear, DE 19701

Also: In the past some down state blind have been unable to get transportation to UD for this event. If a Lion in Kent & Sussex has a van and could provide a ride to this event (on Oct 1) please contact Heidi or Sandy White - 302-836-5784. Thank you.



## ***WE NEED LIONS***

Hold a membership social.

Invite women/ men from your community

Attempt to get all guests to fill out a Membership Application

Put old Lions Magazine in Doctor's office and other places with your name on it.

## ***Lions in District 22-D***

We want to thank you and DG Karl Gude for another interesting and fun year as your District Bulletin Editors. We have enjoyed reading all the news and seeing pictures of the events in each club, and sharing that information through the District News Bulletin.

DGE Ken Chew has asked us to it again. So continue to send us your news letters, pictures, announcements, and articles for publication in the District News Bulletin. Again we will need your input by the 15th, 5pm each month.

YIL  
Lion Jay & Lynn Wheeler, DBE  
26169 Tuscany Drive  
Millsboro, DE 19966  
[BELionj4@Gmail.com](mailto:BELionj4@Gmail.com)  
302-934-6363



## CALENDAR OF EVENTS

### District 22-D EVENTS

Blue-Gold Game 6/18/11 Saturday  
LCI Convention - Seattle 7/4/11 to 7/8/11 Monday to Friday



### *District Governor Elect Message*

First of all I want to thank District Governor Karl Gude and his lovely wife, Lion Anne for the excellent job that they did this past year as District Governor and first lady of District 22D. His example of hard work and dedication will help me as I begin my year as your new District Governor in July. I also want to thank his cabinet, Secretary B. J. Ryder and Treasurer Don Stein, who left your District in great shape and they have made the transition for my cabinet, Secretary, Maxine Powers and Treasurer Glenn Williams, so much easier and smooth. My wife, Lion Marie Chew and I only hope that we can do as good a hard working job as Governor Karl and First Lady Anne have done this year for the Lions of District 22 D.

My wife, Lion Marie Chew, and I are getting ready for our trip to Seattle and I still have a lot of things to do in preparation for next year. I have DGE Seminar that I need to complete on line with Lions International. There are some last minutes details that I need to do like running the cook-out for the Blue and Gold Football Game next week. So excuse my brief message this month as I am now preparing my first longer message to you as District Governor in July.

*DGE Ken Chew*



### *From the Editor's Desk*

For those Lions wishing to submit material for publication; the deadline for **acceptance is at 5:00 pm on the 15th of the Month** Late submissions will be carried forward to the next month News Bulletin.

We Serve!!  
Lion Jay & Lion Lynn Wheeler,  
D-22D  
District Bulletin Editors  
Milton Lions Club  
[BELionJ4@Gmail.com](mailto:BELionJ4@Gmail.com)  
26169 Tuscany Drive  
Millsboro, DE 19966  
(302) 934-6363



### *HOLLOWAY CAMPUS*

Great news: the Holloway Campus Lions club is alive and well. The club that we feared we would lose In January is BACK. Their passion to Lions and the people they serve kept this club afloat. We have had seven Lions reinstated, and have some new members on the way. They have received a Grant from the DLF and are doing what Lions do: severing those who need their help. Thank you to all the Lions who have helped with resurrecting this club, and to the Lions who saw a need and came back to keep this club alive and growing. We are all looking forward to seeing great things from them in the future; welcome home!

*DG Karl*

### **Japanese Relief Fund**

**Donations made to the Japan Earthquake & Pacific Tsunami fund are eligible for Melvin Jones Fellowships for a time period of March 11 - June 30, 2011.**

# PUBLIC AUCTION



October 23, 2011 @ 1:00 pm  
SHERATON DOVER HOTEL  
1570 North DuPont Hwy. Dover, De 19901  
" FREE Auction Parking "

## AUCTION FOR SIGHT

Live and Silent AUCTION , Raffle and Tons of FUN

### Delaware Lions Foundation

P.O.Box 393 Camden, De 19934  
Contact Jim Littleton at (302) 875-1153



For additional information and pictures please check our Website  
Free Raffle Tickets online for HUGE Basket of FUN to be Given away  
During the AUCTION.

[www. Green Gavel Auction .com](http://www.GreenGavelAuction.com)



Ben Twilley / Auctioneer  
[www. Green Gavel Auction.com](http://www.GreenGavelAuction.com)



Green Gavel will travel with  in a joint effort for SIGHT

# **DLF** Delaware Lions Foundation

*P. O. Box 393 Camden, Delaware 19934*

*January 1, 2011*

*To Whom It May Concern:*

*We are contacting you in regards to our upcoming “:Auction For Sight” to be held in Dover Delaware. We hope that you will be able to give our event consideration as we begin the 2011 year.*

*The mission of the Delaware Lions Foundation Inc, a charitable 501 c3 charitable organization is to support the Lions Clubs of Delaware, in their humanitarian service to the citizens of Delaware. Each year the Foundation provides matching grants to assist Lions Clubs with their service projects in local communities throughout the state. Examples of these grants include, purchase of medical equipment for senior citizens, chair lifts for physically handicapped children, hearing aids, large print books and audio books for the bookmobile for the people with low vision or no sight, eye exams, eyeglasses and eye prosthesis for those in need. The DLF is an all-volunteer organization. There are no paid employees. Upon request, documentation will be provided to verify the organization’s tax exempt status*

*Please consider donating an item for the “silent and live auction” which will take place at the Sheraton Dover Hotel, “Champagne Room” on October 23<sup>rd</sup>, 2011. A professional auctioneer will conduct the auction, which will be advertised in the print media, World Wide Web. On television, and in a brochure designed for the event. An early commitment will assure your business receives the long-term visibility it deserves.*

*This is a wonderful opportunity for your company to help the handicapped and less fortunate people of Delaware, since the DLF grants are restricted to use in Delaware only. If you would, please advise us of your decision by **October 21<sup>st</sup>, 2011**. Donated gift certificates, merchandise, etc: can be picked up by a Lions representative, or mailed to the address above. You may contact us via phone at **302-875-1153**, if you have any questions. Thank you for your consideration. We look forward to hearing from you.*

*Sincerely*

***Jim Littleton**  
Chairperson  
DLF “Auction For Sight”*



“Delaware Lions make a difference... One life at a time”  
“WE SERVE”



## Lions Clubs International

Dear Lion Leader:

As we approach the 100<sup>th</sup> anniversary of our organization in 2017, Lions are looking to highlight this milestone. The Sandy Spring Lions Club in Maryland proposed a commemorative U.S. Mint silver dollar as a way to celebrate our centennial. With the sponsorship of Representative Peter Roskam of Illinois, we are one step closer to making the coin a reality after the introduction of the "Lions Clubs International Century of Service Commemorative Coin Act" or [HR 2139](#).

Passage of the legislation depends on accruing 290 House sponsors and 67 Senate sponsors in order to send HR 2139 to the President for his signature into law. ***We need your help*** to achieve President Scruggs' goal to confirm 150 co-sponsors by international convention this July!

### **Take action today!**

1. Call/write your U.S. Senators and Representative and ask him/her to co-sponsor HR 2139.
2. Urge Lions in your districts and clubs to call/write their U.S. Senators and Representatives to co-sponsor 2139.
3. Post [www.lionsclubs.org/coin](http://www.lionsclubs.org/coin) on your website and Facebook page to inform followers about this important endeavor ask them to take action.

With 375,000 Lions nationwide, we can send a message to Congress that Lions have a mighty roar and will be heard! For more information regarding this effort and to view sample phone scripts/letters, visit [www.lionsclubs.org/coin](http://www.lionsclubs.org/coin) today and take action!

Sincerely,  
LCI Staff

## Diabetes Corner:

### Why shouldn't I eat chocolate to treat a low?

Many people are tempted to eat chocolate to treat a low, because they love chocolate and they feel they are making good of a bad situation. To some degree they are, but this approach has a downside. Chocolate contains a lot of fat, which is part of the reason it tastes so good. Unfortunately, your body absorbs foods that contain fat



more slowly, so something sugary and fat-free will probably raise your glucose faster than chocolate. So, though it might be tempting to reach for the chocolates when you are low, other things will probably get you back to normal quicker. That doesn't mean you shouldn't enjoy chocolate. Just be aware of its limits as a treatment for low blood glucose.

Try the following great cooler drink for the hot summer days should fit in with most diets.

### Cran-Raspberry Cooler

This is a refreshing drink that is also a pretty pink color. Be sure to look for the light version of the cranberry juice as it has two-thirds less calories and sugar than the regular version.

Serves 1

#### Ingredients

1/2 cup diet Squirt

1/2 cup light cran-raspberry juice drink

ice cubes

#### Preparation

Fill a tall glass with ice. Add Squirt and juice. Enjoy!

#### Nutrition Information

Exchange/Choices free

Calories: 15 g

Calories from Fat:

Total Fat: 0 g

Saturated Fat: 0 g

Polyunsaturated Fat:

Monounsaturated Fat:

Cholesterol: 0 mg

Sodium: 23 mg

Total Carbohydrate: 4 g

Dietary Fiber: 0 g

Sugars: 4 g

Protein: 0 g



## DID YOU KNOW

### EDUCATION CORNER

#### Helen Keller Day is recognized by Lions and Lionesses around the world on June 1st.

On June 30, 1925, Helen Keller who was blind, deaf and mute, but had learned to read Braille from Anne Sullivan addressed the Lions Clubs International Convention in Cedar Point, Ohio, USA. She challenged Lions to become "knights of the blind in this crusade against darkness." She said, "I am your opportunity. I am knocking at your door." Helen Keller died on June 1, 1968 at age 87. Her request to the Lions 43 years earlier inspired Lions Clubs International to adopt the Sight Conservation and Work with the Blind Program as a major service initiative.

The above information came from *Dover Pride* Newsletter.



## LIONS RAFFLE

Sponsored by  
Milford Lions Club Service Foundation, Inc.

### Grand Prize

**2011 Chevy Equinox 1LT or \$18,000 Cash**



and  
12 INDIVIDUAL \$500 CASH PRIZES

All taxes, tags, and document fees are the responsibility of the winner  
You need not be present to win - Must be 18 years or older old to win  
DRAWING TO BE HELD 8:00 P.M., DEC. 26, 2011  
AT DOVER MALL FOOD COURT AREA, DOVER, DE  
DONATION \$2.00 per ticket or 3 for \$5.00



Tickets donated by **DELMARVA CHEVY DEALERS**

For more information email [CarRaffle@MilfordLions22D.com](mailto:CarRaffle@MilfordLions22D.com)

## WIN TWO TICKETS TO THE 112TH ARMY-NAVY FOOTBALL GAME



DECEMBER 10TH, 2011  
FEDEX FIELD - LANDOVER, MD



RAFFLE SPONSORED BY MILFORD, DE LIONS CLUB

ALL PROCEEDS GO TO LIONS CLUB INTERNATIONAL  
SIGHT FIRST II CAMPAIGN

LIONS DEVELOP AND MANAGE SIGHTFIRST PROJECTS IN PARTNERSHIP WITH  
LOCAL HEALTH AUTHORITIES, EYE CARE PROFESSIONALS AND OTHER  
NON-GOVERNMENTAL ORGANIZATIONS. PROJECTS HELP TO BUILD THE  
CAPACITIES OF EYE CARE SYSTEMS SO THAT THEY CAN PROVIDE  
HIGH-QUALITY, SUSTAINABLE SERVICES.

RAFFLE TICKETS \$2 EACH OR 3 TICKETS FOR \$5  
WINNER NEED NOT BE PRESENT TO WIN  
MUST BE AT LEAST 18 TO PLAY

TO PURCHASE RAFFLE TICKETS MAIL YOUR NAME, ADDRESS  
AND PHONE NUMBER; A CHECK MADE OUT TO MILFORD LIONS  
CLUB; AND A STAMPED SELF-ADDRESSED ENVELOPE TO:  
ARMY NAVY RAFFLE  
MILFORD LIONS CLUB  
PO Box 25  
MILFORD, DE 19963

DRAWING: 6:30PM NOVEMBER 10, 2011  
MILFORD, DE LIONS CLUB DINNER MEETING

FOR MORE INFORMATION EMAIL [ARMYNAVY@MILFORDLIONS22D.COM](mailto:ARMYNAVY@MILFORDLIONS22D.COM)

Milford Lions Club



## 12th Annual Leonard B. Donohoe Memorial Golf Tournament



"Fight against Sight-related diseases"

Friday, July 8, 2011  
Shawnee Country Club, Milford

Check in & continental breakfast  
Begins at 8:00am  
Shotgun Start at 9:00am

Entry fee is \$70/person  
and includes:

Round of golf with cart  
2 Mulligans

Putting Contest - 3 chances  
Continental Breakfast, Lunch and More

See Details and Signup At  
[www.milfordlions22d.com/golf.htm](http://www.milfordlions22d.com/golf.htm)  
or  
Contact [Golf@milfordlions22d.com](mailto:Golf@milfordlions22d.com)

Visiting Lions Clubs  
will be given visitation credit

Milford Lions Club



We Serve

## Father's Day Breakfast

June 19th  
8am - 12:30pm

Tickets: \$6 - Adults  
\$4 - Children  
Under 3 - Free



Sponsored by:  
Holloway Terrace Volunteer Fire Co.  
700 West Avenue  
Holloway Terrace

**CLEAR CHANNEL**

**Our Vision is that  
You Don't  
Lose Yours.**

**Give Sight Now.  
www.lcif.org/sight**

**LIONS CLUBS INTERNATIONAL  
FOUNDATION**



DG Karl Gude  
District 22-D  
31822 Hole in the Woods Rd.